





# IT'S NOT ALWAYS OBVIOUS.

**Domestic abuse** can take many forms and can happen to anyone. It is often a hidden crime that goes unreported. Feelings of embarrassment, shame or fear can stop people seeking help. Listen and be ready to act.

No one should have to face it alone.

For more information visit [www.notaloneinsutton.org.uk](http://www.notaloneinsutton.org.uk)

**THE  
SUTTON  
PLAN**

